



SAMPLE SCHOOL PROGRAMME

Introduction to The Programme – Year 9

Focused on engaging pupils and encouraging them to start taking action. Topics include: The importance of curiosity and how to develop it. How to create a personal development and career plan that will inspire and motivate. How to ask the right people the right questions. The difference between a job, a career and a calling. Understanding the relevance of academic subjects in the wider world.

Module 1 - Year 10/11, Full Self-Assessment

Facilitated by experienced trainers, 1:10 trainer:pupils. Relaxed and informal sessions to analyse personality traits and interests, assess values (what matters to me) and uncover existing skills and areas to improve upon. This module is also effective in increasing their social confidence and will arm them for killer questions like “Tell me about yourself”!

Module 2 - Year 11, Exploring Options and an Introduction to the World of Work

Facilitated by experienced trainers still working in the commercial world, 1:10 trainer:pupils. Exercises and tasks using their increased self-awareness to identify suitable work experience and research possible careers. With their age and stage in mind the focus is about finding meaningful work experience and collating content and stories for their Personal Statement or first CV. How many of your pupils say they want to work in sport, fashion, media, financial services but have not taken the time to think about WHAT they could do in these industries?

Module 3 - Year 12, Personality Profiling, 1:1 or Whole Year Group Session

In a world where EQ is as valuable as IQ, self-awareness couldn't be more important. Delivered 1:1 or in large groups, pupils use the MBTI tool to help them understand what really makes them tick. Where do they get their energy from? How do they learn best? How do they make decisions? And, how do they deal with the world around them? Knowing their strengths and areas for development is an effective way to increase their self-awareness and build confidence, improve personal and working relationships and ultimately seek out jobs and environments they are most likely to be energised by.

Module 4 – Year 12, Higher Education & Personal Statements

By the end of Year 12 pupils have completed a detailed self-assessment, gained some meaningful work experience and started to take responsibility for their personal development. This module is designed to help them research universities or alternative further education in the UK or abroad, including tips on getting the most out of university visits. We want to ensure pupils have plenty of time to plan, structure and gather the relevant content necessary to help them write a compelling Personal Statement. This module takes place at least 3 months prior to UCAS and other application deadlines, giving them time to gain any further skills or experience admissions tutors like to see evidence of.

Module 5 - Year 13, From Education to Employment. How to strive and survive

This module is where the paths of education and employment really start to merge. It aims to: prepare pupils for life beyond education, develop some commercial awareness and to take responsibility for their personal and professional development. This is covered in a variety of topics delivered in lesson period workshops.

Each of these modules can be taken independently of one another