



## Sample Workshops

### Work Experience

Work experience isn't just about content for your CV or Personal Statement

- What can I do?
- Where can I do it?
- How to apply
- Making the most of it
- What are the alternatives to work experience?

### Interview Preparation and Technique

Be interesting, be understood, be remembered, be yourself

- First impression
- What I say – About them and about me
- How I say it – Body Language & Tone/Delivery
- Lasting impression

### Increasing Commercial Awareness

Putting your skills into a commercial context

- What do I have to offer, how can I transfer this to the world of work?
- Making my skills and subject choices relevant
- What should I be reading and where can I find it?

### Managing My Brand (CV, LinkedIn and social networks)

Are you conveying the message you want to?

- How to compile an impressive profile (CV and online)
- What will make me stand out?
- Understanding what a company is looking for
- Keeping my profile updated
- Personal Impact

### Effective Networking

Are you making the most of your connections (online and face to face)?

- Building a network and making the most of it
- Networking and information gathering at careers events

### Personal Statements & University Applications

Where to study, what to study, different types of universities

- How do I research?
- Boosting my skills
- What makes a good Personal Statement?
- Getting the most out of a university visit
- Subject specific advice
- Applying to universities abroad